Kathleen Elsey 2016 Workshop Materials wwwelsey.com

• Portable easel I like the Soltec easel and also the full Julian, both available online. I like these because they have a large "drawer-desk" upon which to place my 12×16 or 9×12 palette.

• Canvases-Bring one support for each day that is 11×14 or so for a warm up exercise. This could be canvas, canvas board, watercolor paper. Also bring one larger canvas (12×16 , 16×20 , or bigger) for each day's painting. I like 16×20 or for big scenes I like 18×24 or 24×30 . If traveling light, consider canvas boards or pads.

• Palette: I prefer the largest Masterson sta-wet palette ($12 \ 1/2'' \ x \ 16 \ 1/2''$), Masterson palette paper and matching sponge. If you don't like the sponge, you can still use the Masterson palette and insert a pad of oil painters' palette paper the exact size of the 12 x 16 palette. If traveling light, consider the Atelier Airtight, peel-off-paint palette.

• Brushes: 3 - 4 "brights" (long-handled with short squared off stiff bristles) size about 1" across, 5/8", 1/2", 1/4". I would use these 3 if I were painting 16 x 20 canvas or smaller. If you choose bigger canvases, get bigger brushes. Buy good brushes if you can afford it (not student grade). My favorite brushes this year (2015) are from Jerry's Artarama "Silver Bristlon." I purchased four brights #12, 8, 6 and 4. I wanted more, but they were out of stock.

I also like Isabey 6562 Isacryl brushes for acrylic paint. I get most of my supplies at the local art store, especially brushes if they stock my brand, because I like the touch-feel-hold-in-my-hand idea before buying.

- Sketchpad-9 x 12 or whatever size you like & pencil for notes, value studies, thumbnails and journaling
- Cotton rag, (old white t-shirt). I have discovered great cotton rags at Santa Barbara harbor marine shop.
- Old shirt or apron
- Water bucket-large yogurt container works
- Small spray bottle for water. I never spray my painting with water, just the paint on the palette.
- Golden retarder (slow dry medium) in squeeze bottle to slow down the fast drying acrylic paints
- Paints: I like Winsor Newton Artists' acrylic (a professional grade) best for acrylic painting. I use two-ounce high-viscosity tubes of Winsor Newton Artists' Acrylic or Golden for certain colors.

Acrylic Paints -- I like Winsor Newton (WN) best for its pigments and viscosity and slow drying.

WN Titanium white WN Lemon Yellow WN Yellow Ochre or Yellow Iron Oxide WN Azo Yellow Deep Golden Cad Yellow dark WN Cad Red Medium or Golden Napthol Red medium WN Permanent Alizarin Crimson or WN Permanent Rose WN Ultramarine Blue WN Cobalt or Cerulean Blue Golden Prussian Blue or WN Indanthrene Blue Golden Green Gold

A few more colors will be useful if you can splurge: Golden Quinacridone Magenta (a great pink) Winsor Newton Light Red (adobe color) and Golden Dioxazine Purple (or WN ultramarine purple).

<u>**Oil Paints**</u> – I suggest a basic palette of seven colors. Colors below are Winsor Newton unless otherwise specified. Titanium White– large tube Gamlin Cadmium Yellow Light or Winsor Cadmium Lemon Cadmium Yellow Deep French Ultramarine Cobalt Blue or Cerulean Blue Alizarin Crimson Gamlin Cadmium Red Light Walnut Oil –not the cooking type. I like this medium especially when painting indoors. Optional colors - same as above in acrylic list as well as a purple, green-gold, sienna and a rose or magenta